

PSALMS:  
**GOD'S PLAYLIST**  
SERMON SERIES

EVERY NATION  
CHURCH · NYC

*Transforming the City One Life at a Time.  
Know God, Grow Together, Discover Purpose, Make a Difference*

**CONNECT**

- How should people find happiness according to TV, music and ads? Do you agree?

**WORD**

**Psalm 1:1-6**

*"1 Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, 2 but whose delight is in the law of the Lord, and who meditates on his law day and night. 3 That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers. 4 Not so the wicked! They are like chaff that the wind blows away. 5 Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. 6 For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction."*

**THOUGHT**

Our life is the sum of choices- 35,000 choices a day. The psalmist lays out a clear choice that at times seems unclear. It has been said we can choose to do whatever we want...but we can't choose our consequences.

**DISCUSSION**

1. What are the "Blessed" like and not like? (v. 1-6)

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2. What is the point of the tree comparison?

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3. How would you describe the "wicked" as? What are they like and why?

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**4. What was the "law of the Lord" in David's day (v. 2)? How could one mediate on it so long? Could you meditate on it as long?**

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**5. Do you feel a tension between the two "ways"? Is there a third way? Why or Why not?**

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## PERSONAL APPLICATION

- This week focus on what it means to be apart of the Blessed. What sets them apart? Who are these people in the Bible? Focusing specifically on you, spend time learning what God seeks of you and what sets you apart as Blessed.

## PRAYER

- David, the author of this Psalm shared about the blessed, the righteous and the wicked, the ungodly. There is a clear contrast in how these two live their lives and just how much God governs their ways. Pray asking God that your steps would match that of the righteous. That God would be apart of your life and govern your steps so that you too can be counted as Blessed.
- Share with a friend, a family member or a coworker about everything you have just learned and any insights you may have acquired. Then pray with them, that they would also walk in the steps of righteousness and be apart of those called Blessed.